



| Sarja | Joukkue | Seura | Lämmittely- | | Lämmittely | | Lämmittely | | Siirtymä | Koppi | Koppiin | Aika | Jäänlaidalle | Odotus | Jäälle | Aika | Jäältä | Aika | Kopista |
|------------------------|--------------------------|-------|-------------|-------|------------|--------|------------|---|----------|-------|---------|------|---------------------------|--------|--------|------|--------|------|---------|
| | | | alue | alkaa | Aika | päätyy | | | | | | | | | | | | | |
| Aikuiset | JääLeidit | HTK | E1 | 7:38 | 0:50 | 8:28 | 0:05 | 1 | 8:33 | 0:25 | 8:58 | 0:02 | 9:00 | 0:06 | 9:06 | 0:15 | 9:21 | | |
| Aikuiset | Ice Comedy | TTK | E3 | 7:44 | 0:50 | 8:34 | 0:05 | 2 | 8:39 | 0:25 | 9:04 | 0:02 | 9:06 | 0:06 | 9:12 | 0:15 | 9:27 | | |
| Aikuiset | IceMen United | HL | F2 | 7:50 | 0:50 | 8:40 | 0:05 | 3 | 8:45 | 0:25 | 9:10 | 0:02 | 9:12 | 0:06 | 9:18 | 0:15 | 9:33 | | |
| Aikuiset | Valley Bay Synchrospirit | EsJt | E2 | 7:56 | 0:50 | 8:46 | 0:05 | 4 | 8:51 | 0:25 | 9:16 | 0:02 | 9:18 | 0:06 | 9:24 | 0:15 | 9:39 | | |
| Aikuiset | Shadows | ETK | F1 | 8:02 | 0:50 | 8:52 | 0:05 | 5 | 8:57 | 0:25 | 9:22 | 0:02 | 9:24 | 0:06 | 9:30 | 0:15 | 9:45 | | |
| Aikuiset | Crème de Ments | HL | F3 | 8:08 | 0:50 | 8:58 | 0:05 | 6 | 9:03 | 0:25 | 9:28 | 0:02 | 9:30 | 0:06 | 9:36 | 0:15 | 9:51 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| Aikuiset | Team Antique | HSK | E1 | 8:34 | 0:50 | 9:24 | 0:05 | 7 | 9:29 | 0:25 | 9:54 | 0:02 | 9:56 | 0:06 | 10:02 | 0:15 | 10:17 | | |
| | | | | | | | | | | | | | Sarjan- ja paneelinvaihto | 0:06 | | | | | |
| Noviisit | Valley Bay Synchroshine | EsJt | E3 | 8:46 | 0:50 | 9:36 | 0:05 | 1 | 9:41 | 0:25 | 10:06 | 0:02 | 10:08 | 0:06 | 10:14 | 0:15 | 10:29 | | |
| Noviisit | Team Magnetique | HSK | F2 | 8:52 | 0:50 | 9:42 | 0:05 | 2 | 9:47 | 0:25 | 10:12 | 0:02 | 10:14 | 0:06 | 10:20 | 0:15 | 10:35 | | |
| Noviisit | Silverlights | HL | E2 | 8:58 | 0:50 | 9:48 | 0:05 | 3 | 9:53 | 0:25 | 10:18 | 0:02 | 10:20 | 0:06 | 10:26 | 0:15 | 10:41 | | |
| Noviisit | Cool steps | EVT | F1 | 9:04 | 0:50 | 9:54 | 0:05 | 4 | 9:59 | 0:25 | 10:24 | 0:02 | 10:26 | 0:06 | 10:32 | 0:15 | 10:47 | | |
| Noviisit | Ice Sweets | ETK | F3 | 9:10 | 0:50 | 10:00 | 0:05 | 5 | 10:05 | 0:25 | 10:30 | 0:02 | 10:32 | 0:06 | 10:38 | 0:15 | 10:53 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| Tulokkaat | Team Minique | HSK | E1 | 9:36 | 0:50 | 10:26 | 0:05 | 6 | 10:31 | 0:25 | 10:56 | 0:02 | 10:58 | 0:06 | 11:04 | 0:15 | 11:19 | | |
| Tulokkaat | Ice Sympathy | TTK | E3 | 9:42 | 0:50 | 10:32 | 0:05 | 7 | 10:37 | 0:25 | 11:02 | 0:02 | 11:04 | 0:06 | 11:10 | 0:15 | 11:25 | | |
| Tulokkaat | Sunflowers | HL | F2 | 9:48 | 0:50 | 10:38 | 0:05 | 1 | 10:43 | 0:25 | 11:08 | 0:02 | 11:10 | 0:06 | 11:16 | 0:15 | 11:31 | | |
| Tulokkaat | MiniSparkles | HTK | E2 | 9:54 | 0:50 | 10:44 | 0:05 | 2 | 10:49 | 0:25 | 11:14 | 0:02 | 11:16 | 0:06 | 11:22 | 0:15 | 11:37 | | |
| Tulokkaat | Valley Bay Synchro Kids | EsJt | F1 | 10:00 | 0:50 | 10:50 | 0:05 | 3 | 10:55 | 0:25 | 11:20 | 0:02 | 11:22 | 0:06 | 11:28 | 0:15 | 11:43 | | |
| Tulokkaat | Sunbeams | ETK | F3 | 10:06 | 0:50 | 10:56 | 0:05 | 4 | 11:01 | 0:25 | 11:26 | 0:02 | 11:28 | 0:06 | 11:34 | 0:15 | 11:49 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| Tulokkaat | Ice Roses | ETK | E1 | 10:32 | 0:50 | 11:22 | 0:05 | 5 | 11:27 | 0:25 | 11:52 | 0:02 | 11:54 | 0:06 | 12:00 | 0:15 | 12:15 | | |
| Tulokkaat | Little Steps | EVT | E3 | 10:38 | 0:50 | 11:28 | 0:05 | 6 | 11:33 | 0:25 | 11:58 | 0:02 | 12:00 | 0:06 | 12:06 | 0:15 | 12:21 | | |
| | | | | | | | | | | | | | Sarjan- ja paneelinvaihto | 0:06 | | | | | |
| Minorit | Sunny Steps | EVT | F2 | 10:50 | 0:50 | 11:40 | 0:05 | 7 | 11:45 | 0:25 | 12:10 | 0:02 | 12:12 | 0:06 | 12:18 | 0:15 | 12:33 | | |
| Minorit | MiniMints | HTK | E2 | 10:56 | 0:50 | 11:46 | 0:05 | 1 | 11:51 | 0:25 | 12:16 | 0:02 | 12:18 | 0:06 | 12:24 | 0:15 | 12:39 | | |
| Minorit | Valley Bay Synchronettes | EsJt | F1 | 11:02 | 0:50 | 11:52 | 0:05 | 2 | 11:57 | 0:25 | 12:22 | 0:02 | 12:24 | 0:06 | 12:30 | 0:15 | 12:45 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| Minorit | Sunlights | HL | F3 | 11:28 | 0:50 | 12:18 | 0:05 | 3 | 12:23 | 0:25 | 12:48 | 0:02 | 12:50 | 0:06 | 12:56 | 0:15 | 13:11 | | |
| Minorit | PepperMints | HTK | E1 | 11:34 | 0:50 | 12:24 | 0:05 | 4 | 12:29 | 0:25 | 12:54 | 0:02 | 12:56 | 0:06 | 13:02 | 0:15 | 13:17 | | |
| Minorit | Ice Melody | TTK | E3 | 11:40 | 0:50 | 12:30 | 0:05 | 5 | 12:35 | 0:25 | 13:00 | 0:02 | 13:02 | 0:06 | 13:08 | 0:15 | 13:23 | | |
| Minorit | Rainbows | ETK | F2 | 11:46 | 0:50 | 12:36 | 0:05 | 6 | 12:41 | 0:25 | 13:06 | 0:02 | 13:08 | 0:06 | 13:14 | 0:15 | 13:29 | | |
| Minorit | Team Sympatique | HSK | E2 | 11:52 | 0:50 | 12:42 | 0:05 | 7 | 12:47 | 0:25 | 13:12 | 0:02 | 13:14 | 0:06 | 13:20 | 0:15 | 13:35 | | |
| Palkintojenjako | | | | | | | | | | | | | 1:20 | | | | | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| Masters | Team Chaotique | HSK | F1 | 13:37 | 0:50 | 14:27 | 0:05 | 1 | 14:32 | 0:25 | 14:57 | 0:03 | 15:00 | 0:06 | 15:06 | 0:15 | 15:21 | | |
| Masters | Valley Bay Synchrohearts | EsJt | F3 | 13:43 | 0:50 | 14:33 | 0:05 | 2 | 14:38 | 0:25 | 15:03 | 0:03 | 15:06 | 0:06 | 15:12 | 0:15 | 15:27 | | |
| Masters | Best Before | HTK | E1 | 13:49 | 0:50 | 14:39 | 0:05 | 3 | 14:44 | 0:25 | 15:09 | 0:03 | 15:12 | 0:06 | 15:18 | 0:15 | 15:33 | | |
| Masters | Steps On Edge | EVT | E3 | 13:55 | 0:50 | 14:45 | 0:05 | 4 | 14:50 | 0:25 | 15:15 | 0:03 | 15:18 | 0:06 | 15:24 | 0:15 | 15:39 | | |
| Masters | Ice Elegance | HL | F2 | 14:01 | 0:50 | 14:51 | 0:05 | 5 | 14:56 | 0:25 | 15:21 | 0:03 | 15:24 | 0:06 | 15:30 | 0:15 | 15:45 | | |
| Masters | Reunions | ETK | E2 | 14:07 | 0:50 | 14:57 | 0:05 | 6 | 15:02 | 0:25 | 15:27 | 0:03 | 15:30 | 0:06 | 15:36 | 0:15 | 15:51 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| Juniorit | Team Hysterique | HSK | F1 | 14:33 | 0:50 | 15:23 | 0:05 | 1 | 15:28 | 0:25 | 15:53 | 0:03 | 15:56 | 0:06 | 16:02 | 0:15 | 16:17 | | |
| Juniorit | Valley Bay Synchrostyle | EsJt | F3 | 14:39 | 0:50 | 15:29 | 0:05 | 2 | 15:34 | 0:25 | 15:59 | 0:03 | 16:02 | 0:06 | 16:08 | 0:15 | 16:23 | | |
| Juniorit | Moonlights | HL | E1 | 14:45 | 0:50 | 15:35 | 0:05 | 3 | 15:40 | 0:25 | 16:05 | 0:03 | 16:08 | 0:06 | 16:14 | 0:15 | 16:29 | | |
| Juniorit | Hot Steps | EVT | E3 | 14:51 | 0:50 | 15:41 | 0:05 | 4 | 15:46 | 0:25 | 16:11 | 0:03 | 16:14 | 0:06 | 16:20 | 0:15 | 16:35 | | |
| Juniorit | Moonshadows | HL | F2 | 14:57 | 0:50 | 15:47 | 0:05 | 5 | 15:52 | 0:25 | 16:17 | 0:03 | 16:20 | 0:06 | 16:26 | 0:15 | 16:41 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| Seniorit | All Stars | HL | E2 | 15:23 | 0:50 | 16:13 | 0:05 | 6 | 16:18 | 0:25 | 16:43 | 0:03 | 16:46 | 0:06 | 16:52 | 0:15 | 17:07 | | |
| Seniorit | Situations | ETK | F1 | 15:29 | 0:50 | 16:19 | 0:05 | 1 | 16:24 | 0:25 | 16:49 | 0:03 | 16:52 | 0:06 | 16:58 | 0:15 | 17:13 | | |
| Seniorit | Ex-Steps | EVT | F3 | 15:35 | 0:50 | 16:25 | 0:05 | 2 | 16:30 | 0:25 | 16:55 | 0:03 | 16:58 | 0:06 | 17:04 | 0:15 | 17:19 | | |
| Seniorit | Team Panique | HSK | E1 | 15:41 | 0:50 | 16:31 | 0:05 | 3 | 16:36 | 0:25 | 17:01 | 0:03 | 17:04 | 0:06 | 17:10 | 0:15 | 17:25 | | |
| Seniorit | Valley Bay Synchrostars | EsJt | E3 | 15:47 | 0:50 | 16:37 | 0:05 | 4 | 16:42 | 0:25 | 17:07 | 0:03 | 17:10 | 0:06 | 17:16 | 0:15 | 17:31 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| SM-noviisit | Team Dynamique | HSK | F2 | 16:13 | 0:50 | 17:03 | 0:05 | 5 | 17:08 | 0:25 | 17:33 | 0:03 | 17:36 | 0:07 | 17:43 | 0:15 | 17:58 | | |
| SM-noviisit | Dream Steps | EVT | E2 | 16:20 | 0:50 | 17:10 | 0:05 | 6 | 17:15 | 0:25 | 17:40 | 0:03 | 17:43 | 0:07 | 17:50 | 0:15 | 18:05 | | |
| SM-noviisit | Starlights | HL | F1 | 16:27 | 0:50 | 17:17 | 0:05 | 1 | 17:22 | 0:25 | 17:47 | 0:03 | 17:50 | 0:07 | 17:57 | 0:15 | 18:12 | | |
| SM-noviisit | Blue Arrows | ETK | F3 | 16:34 | 0:50 | 17:24 | 0:05 | 2 | 17:29 | 0:25 | 17:54 | 0:03 | 17:57 | 0:07 | 18:04 | 0:15 | 18:19 | | |
| SM-noviisit | Finettes | HTK | E1 | 16:41 | 0:50 | 17:31 | 0:05 | 3 | 17:36 | 0:25 | 18:01 | 0:03 | 18:04 | 0:07 | 18:11 | 0:15 | 18:26 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| SM-noviisit | Novettes | HTK | E3 | 17:08 | 0:50 | 17:58 | 0:05 | 4 | 18:03 | 0:25 | 18:28 | 0:03 | 18:31 | 0:07 | 18:38 | 0:15 | 18:53 | | |
| SM-noviisit | Valley Bay Synchronics | EsJt | F2 | 17:15 | 0:50 | 18:05 | 0:05 | 5 | 18:10 | 0:25 | 18:35 | 0:03 | 18:38 | 0:07 | 18:45 | 0:15 | 19:00 | | |
| | | | | | | | | | | | | | Sarjan- ja paneelinvaihto | 0:06 | | | | | |
| SM-juniorit | Musketeers | HL | E2 | 17:28 | 0:50 | 18:18 | 0:05 | 6 | 18:23 | 0:25 | 18:48 | 0:03 | 18:51 | 0:07 | 18:58 | 0:15 | 19:13 | | |
| SM-juniorit | Ice Infinity | TTK | F1 | 17:35 | 0:50 | 18:25 | 0:05 | 1 | 18:30 | 0:25 | 18:55 | 0:03 | 18:58 | 0:07 | 19:05 | 0:15 | 19:20 | | |
| SM-juniorit | Reflections | ETK | F3 | 17:42 | 0:50 | 18:32 | 0:05 | 2 | 18:37 | 0:25 | 19:02 | 0:03 | 19:05 | 0:07 | 19:12 | 0:15 | 19:27 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| SM-juniorit | Team Fintastic | HTK | E1 | 18:09 | 0:50 | 18:59 | 0:05 | 3 | 19:04 | 0:25 | 19:29 | 0:03 | 19:32 | 0:07 | 19:39 | 0:15 | 19:54 | | |
| SM-juniorit | Team Mystique | HSK | E3 | 18:16 | 0:50 | 19:06 | 0:05 | 4 | 19:11 | 0:25 | 19:36 | 0:03 | 19:39 | 0:07 | 19:46 | 0:15 | 20:01 | | |
| SM-juniorit | Valley Bay Synchro | EsJt | F2 | 18:23 | 0:50 | 19:13 | 0:05 | 5 | 19:18 | 0:25 | 19:43 | 0:03 | 19:46 | 0:07 | 19:53 | 0:15 | 20:08 | | |
| SM-juniorit | Ice Steps | EVT | E2 | 18:30 | 0:50 | 19:20 | 0:05 | 6 | 19:25 | 0:25 | 19:50 | 0:03 | 19:53 | 0:07 | 20:00 | 0:15 | 20:15 | | |
| | | | | | | | | | | | | | Jäädytys | 0:20 | | | | | |
| SM-seniorit | Helsinki Rockettes | HTK | F1 | 18:57 | 0:50 | 19:47 | 0:05 | 1 | 19:52 | 0:25 | 20:17 | 0:03 | 20:20 | 0:07 | 20:27 | 0:15 | 20:42 | | |
| SM-seniorit | Team Unique | HSK | F3 | 19:04 | 0:50 | 19:54 | 0:05 | 2 | 19:59 | 0:25 | 20:24 | 0:03 | 20:27 | 0:07 | 20:34 | 0:15 | 20:49 | | |
| SM-seniorit | Lumineers | ESS | E1 | 19:11 | 0:50 | 20:01 | 0:05 | 3 | 20:06 | 0:25 | 20:31 | 0:03 | 20:34 | 0:07 | 20:41 | 0:15 | 20:56 | | |
| SM-seniorit | Marigold Ice Unity | HL | E3 | 19:18 | 0:50 | 20:08 | 0:05 | 4 | 20:13 | 0:25 | 20:38 | 0:03 | 20:41 | 0:07 | 20:48 | 0:15 | 21:03 | | |
| | | | | | | | | | | | | | 0:07 | | | | | | |
| Palkintojenjako | | | | | | | | | | | | | 0:50 | 20:55 | | | | | |